

CHEVERLY VILLAGE SPECIAL EVENTS

Information and registration for all events listed is available online on the Events List at www.cheverlyvillage.org. If you need a ride, contact the Coordinator at 240-770-1033 or village@cheverlyvillage.org

September means cooler weather so let's go outdoors! For everyone's safety, we will limit the number of participants, and you can enjoy the company of a small, friendly group. Let the Coordinator know if you need a ride, and please note that registration for these events ends the day before. If it rains, we'll postpone.







The Arboretum at a Gentle Pace: Friday, September 10, 10:00 am-1:00 pm.

Explore two or three special areas of the U.S. National Arboretum to be selected (based on participants' interests and the weather) from among: the National Herb Garden, the National Bonsai and Penjing Museum, the National Capitol Columns, and Fern Valley. All selected areas will be wheelchair accessible.



Lake Artemisia Scenic Stroll: Wednesday, September 15, 1:00-2:00 pm. Enjoy the lake and its green surrounds (and maybe spot some birds and wildlife) from a gentle, handicapped-accessible trail with frequent benches and gazebos to appreciate the view.

Lunch at the Mad Cow Grill: Wednesday, September 22, 11:30 am-1:30 pm. The Mad Cow Grill in Laurel, MD is a restaurant with a reputation for good food and a welcoming atmosphere. The menu includes Jamaican specialities created by Cheverly's own Chef Neville Nugent, and other delicious fare.





Many happy returns to Cheverly
Village Members

Gary Williams, September 11 Claudia Thorne, September 29

MEET A MEMBER

Gary Williams has been an active member of Cheverly Village for three years as a dynamic participant in both the Cheverly Village Book Club and the Friday Village Social Hours. As a gardener with a green thumb, he donated many tender plants to support the launch of the Village Stand-Up Gardens. (cont.)



(cont.) Cheverly has been Gary's home town since 1984. "Cheverly has been a wonderful place to raise a family with its great services, organizations, and community spirit," he says. He and his late wife were proprietors of their own business called MYEcon, a financial service business offering advice on how to financially plan, save, and invest wisely. Gary is now retired and ready for new adventures.

He will soon be moving to a smaller home in an active senior community called Central Park and Victoria Falls in Laurel. Although he expresses that he will dearly miss Cheverly and the Cheverly Village family, he is looking forward to enjoying the pool and the many planned activities being offered in his new community. Travel and exploration of new interests will definitely be a part of his retirement lifestyle. Gary plans on perfecting his photography skills, especially taking time to explore nature's beauty and the captivating play of sunlight on his subjects. His gardening passion will continue, but he also plans to take up Pickle Ball and to get back into biking again. The hills of Cheverly had put a damper on biking!

Gary plans to stay in touch through the Cheverly Village Book Club and Social Hour even as he meets new friends. Cheverly Village will miss him and we wish him well!

--Clareen Heikal.

Would you like to interview and write up a Member? Or would you like to be interviewed? Let us know!

REGULAR EVENTS SPONSORED BY CHEVERLY VILLAGE

Online Social Hour: every Friday, 5:00-6:00 pm. Catch up on the week, plan your weekend. No registration is required. Join in on Zoom at https://zoom.us/j/9263943660

Cheverly Village Book Club, Wednesday September 8, 2:00-4:00 pm. September's book is *American Fire* by Monica Hesse.

Into the Woods—Explore the Woodworth Trail: This month we have two opportunities to enjoy a woodland walk among native trees and plantings, on a winding woodchip trail.

Friday, September 3, 3:00-4:00 pm Friday, September 17, 3:00-4:00 pm.

Cheverly Village @ Cheverly Community Market, Saturday September 11, 8:00 am-12 noon. Visit with your neighbors and share your Village experiences with potential new volunteers and members. Both Village Volunteers and Members are welcome to sign up for a shift.

Bike the Anacostia Trail. Two opportunities to rent a bike or a three-wheeler and ride the riverside trail.

Monday, September 13, 11:00 am-12 noon Monday, September 20, 11:00 am-12 noon

Cheverly Village Bingo: Tuesday, September 14, 2:00-4:00 pm. Still online, but still lots of fun. If you're new to this popular event, contact the Coordinator at 240-770-1033 for your bingo cards.

Scrabble and Games Outdoors: Thursday, September 23, 5:00-6:30 pm. What could be better than board games and friendly

competition in our own green space, the Cheverly Village Garden!

COMMUNITY AND OTHER VILLAGES' EVENTS

Have you checked out **Events on Demand** on the **Cheverly Village**website recently? See new information for the **Old Greenbelt**Theater, The Folklore Society of Greater Washington, and the Fit
and Well program sponsored by the Washington, DC-Metropolitan
YMCA, a great free exercise program for seniors.

Cooking with Cheverly Chefs: Wednesday, September 8. 6:00-7:30 pm. Cheverly United Methodist Church's Zoom Series continues with Chef Nugent, owner of Mad Cow Grill. Cost \$25. Register early!

Movies@Hope presents American Factory, Friday, September 10, 7:30-10:00 pm on Zoom. Following this Oscar-winning documentary, Stacie Fan of UM's Smith School of Business leads a discussion.

How the Kennedys Changed the World: Thursday, September 7, 1:00-2:30 pm. Lawrence Hass discusses his new book *The Kennedys in the World*, a new, rich, fascinating, and consequential story about Jack, Bobby, and Ted Kennedy.

CA Votes—The Effort to Recall Governor Gavin Newsom: Friday, September 10, 3:00-4:00 pm. With only days left before the vote, find out what the forces are behind the recall effort and what it means for the future of California.

The Art of Doodling: Thursday, September 16, 5:30-7:00 pm. For both novice and experienced artists. Doodling—spontaneous, uncensored drawing—helps us process our emotions, alleviate stress and develop new possibilities for creative expression. (Payment requested.)

Cheverly Fitness Boot Camp meets every Saturday at 8:00 am in Euclid Park for body weight and light weight workouts. All are welcome to participate at their own pace.

COMING ATTRACTIONS

Cheverly Day is October 2. Share your ideas! Contact the Village at village@cheverlyvillage.org or 240-770-1033

Cheverly Village Book Club: October 13, we'll discuss A Long Petal of the Sea by Isabel Allende.

Saturday, October 16, 1:00-4:00 pm. Escape to peaceful, scenic, rural southern Prince George County and the **Robin Hill Farm and Winery.** Enjoy music, wine tasting, and a picnic lunch. More details to come!



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