



Upcoming Events for Members, Volunteers and Friends *May 2023*

For more information about how to register for any event, call the Coordinator at (240) 770-1033.
If you need a ride, call the Coordinator some days before the event.



Meet the 2023 Cheverly Village Board

Cheverly Village's newly constituted Board met on April 20 at the home of new Board member **Crystal Lal** (far left). Fellow Board members are (from left to right) **Renate Reimschuessel**, **Diane La Voy**, **Katie Gates**, **Paul Thompson**, **Molly Morrissey**, and **Laila Riaz**.

At our Annual Meeting, held March 19, the Village elected new members, reelected some returning members, and warmly thanked those who were rotating off the Board. These included **Eric Radloff**, **Ryan Moore**, and **Maurice Stewart**.

The Stronger Memory Program

May 12, 1:30 – 3:15 PM
Cheverly Town Center

Note that the **May 5th session is cancelled**, and the **May 12th session will be extended another 30-40 minutes**. If any registered participant is unable to attend in person, a Zoom link will be provided as this is a set up as a hybrid meeting.



Emails and phone communications will remind everyone of the schedule change. The Stronger Memory Program will continue for 12 weeks with plans to repeat the program in the fall.

Chris Palmer Workshop # 2 on Aging, Dying, and Death

Thursday, May 4, 3:00-4:00 PM

This is the second of 3 workshops featuring Chris Palmer. Chris Palmer is a trained hospice volunteer, and runs an aging, death, and dying discussion group for the Bethesda Metro Area Village. He will also discuss different approaches that villages could use to include coaching, buddy systems, retreats, and hands-on activities. This session is best suited for members of the volunteer teams involved in organizing the topics for the future Peace of Mynd program, and for Cheverly Village Board members. Please contact the Coordinator for assistance registering for this event and logging on.

Did you miss Chris Palmer's first workshop?

You can still view a video of his presentation last month to the Washington Area Villages Exchange on YouTube.

Important Information about Over-the-Counter COVID Tests!

At the end of the day May 11, 2023, the Public Health Emergency status ends, and that means **over-the-counter** Covid tests will no longer be free. Until then, you can pick up 8 free ones from Walgreen's, so if you haven't picked up any this month, make sure you do so.

Medicare beneficiaries who are enrolled in Part B will continue to have coverage without cost sharing for **laboratory-conducted COVID-19 tests when ordered by a provider.**



May Flowers and Birthdays!



Reach out to your fellow members and wish them a good birthday!

Linda Patterson 5/7

Diana N'Diaye 5/9

Mame N'Diaye 5/8

Hula Scott 5/23



The Positive Aging Community webinars posted on our website's Events List provide a wealth of interesting information. Archived recordings can also be found on the **Retirement Living Sourcebook** website.

Information on accessing the online presentations below can be found on the Cheverly Village Website Events List.

Call the Coordinator for assistance registering and logging onto these events.

What is a FIREBOT? A Firebot is a newly invented robot that could save your home from a kitchen fire. Interested to know more? It appears easy to install and could be very important for folks who tend to forget to turn a burner off.

More About Identity Theft! Everyone needs to hear about scams and fraud dangers many, many times in order to know how to react with calm and clarity when confronted by one.

The Stuff About Your Stuff Isn't About your Stuff!! Insights that we all need to consider! What Stuff?

Goals of Care with Dr. Lamb! Quality vs. Quantity. Learn how to set goals of care by understanding your quality-of-life vs length-of-life values.

Are You Interested In...?

“Take Me Out to The Ball Game”

Interested in attending a Bowie Baysox game in **June**? If there is sufficient interest, we can arrange a group venture.

Let the Coordinator know of your interest.



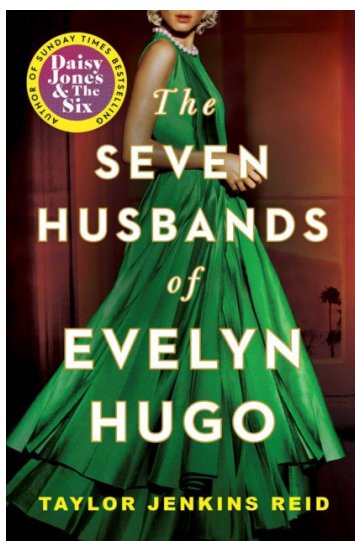
Mahjong or Bridge Anyone?

A search is on for 3 persons with some knowledge of either of these games who would like to form a team. The Mahjong team would set their own time and place to meet. The Bridge team would most likely meet in a member's home. The Cheverly Village games expert, Sonya Gross, is ready to teach either game.

Cheverly Village Stand-up Garden will soon be prepped and growing! One or two more people are needed to provide the TLC needed throughout the summer. If interested, please let the Coordinator know and someone will contact you.



Cheverly Village Events and Activities



Cheverly Village Book Club

Wednesday, May 10, 3:00 – 5:00 PM
Online

Cheverly Village Book Club will discuss *Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid. Call the Coordinator at (240) 770-1033 to RSVP and get the zoom link.

Take note of the interesting range of topics that we choose and join us for lively discussions!

Tech Time

Cheverly Community Center
Sunday, May 21, 3:00 – 5:00 PM

Have an issue with your cell phone, tablet or laptop? Bring your devices and your questions to the Community Center for a fun session of helpful answers and tips.

Please register with the Coordinator so we know to expect you.





Scrabble and Games

Community Center gym

Games and Rummikub

Thursday, May 18, 3:30 –
5:30 PM

Scrabble and *More*

Rummikub May 18, 4:00 –
6:00 PM

Rummikub is proving to be popular and now we have an additional set with larger numbers for easier viewing. To register for either or both sessions, go to the [Cheverly Village Calendar](#), open the page for the session(s) you wish to attend, and click on the "Register for this Event" button on its page. If attending both, please register for both.

If you need a ride, contact the Coordinator a day or so in advance.

Pennyroyal Station Patio Lunch

Wednesday, May 24, 1:30-3:00
in neighboring Mt. Rainier

Seating is limited to eight and
reservations are required by
May 19. Contact the
coordinator to register. You
can find the menu at
www.pennyroyalstation.com/eat.





Online Bingo

Thursday, May 25, 2:00 – 4:00 PM

Interested in playing with us? Request Bingo cards to be brought to your home by calling the Coordinator. Please register so that we know to expect you.

Community Events–Cheverly and Beyond

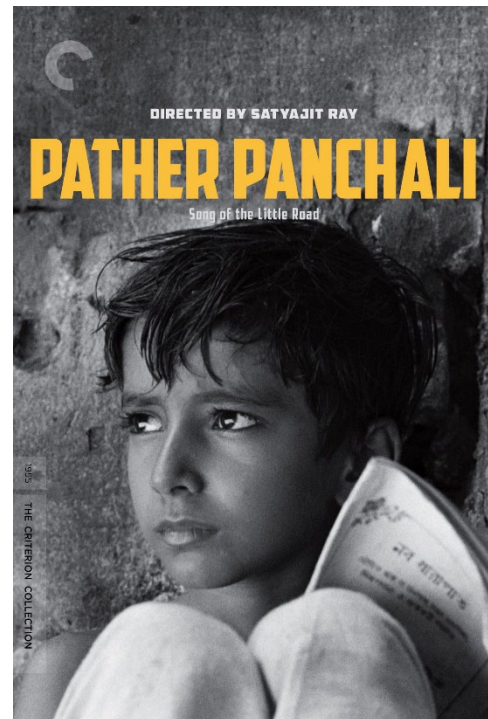
Movies@Hope returns in person!

Friday, May 12 at 7:00 PM

Hope Lutheran Church, 4201 Guilford Dr., College Park

Pather Panchali, recently voted as one of the 50 greatest films of all time by the British Film Institute. This heartrending film depicts the childhood joys and sorrows of the boy Apu and his elder sister Durga and their family in a poor West Bengali village.

Masks are optional. Light refreshments and a discussion follow the movie.



Cheverly Village members needing a ride should make the request 3 to 4 days in advance. Please also call to register with Cheverly Village so that we know of your interest in this event.



May means the return of Cheverly Community Market!

May 6 and May 20

8:00am – Noon

Request a ride, get help with your shopping, pause to listen to the music and satisfy your “sweet tooth” with a friend, and on **May 6** stop by the Cheverly Village information table to lend your support.

Village Members – for the most prompt, reliable response to your requests for services, please email or call the Coordinator.

Village Volunteers – also please direct your questions or concerns about a particular service request to the Coordinator rather than to other, public Village addresses.

(240) 770-1033

coordinator@cheverlyvillage.org

As always, please check out the Cheverly Village Website Calendar for interesting events being posted by other Villages or other community groups.

<https://cheverlyvillage.helpfulvillage.com/events>
