



Upcoming Events for Members, Volunteers and Friends  
*May and June 2024*

For more information about how to register for these events,  
call the **Coordinator at (240) 770-1033**.  
If you need a ride, please call some days before the event.



The full moon in May is  
called the **Flower Moon** and  
can be seen on May 23.

June's **Strawberry Moon** will  
occur on June 21.

Wish these Spring and  
Summer Babies a very  
Happy Birthday!



Linda Patterson 5/7  
Hula Scott 5/23  
Mary Anne Hobbes 6/2

Peter Guttmacher 6/8  
Ed Allen 6/11  
Bernie Bernhardt 6/15

## Cheverly Village Special Events



**Saturday, May 4, 2024, 2:00 to 4:00 PM: Peace of Mynd**

will meet in Narthex of Cheverly United Methodist Church.

Peace of Mynd Session # 4 will discuss the non-medical ways one may find comfort of

body, mind, and soul.

We will cover Wishes 3, 4, and 5 of the "Five Wishes," a Living Will document we have reviewed and discussed as a group. This will also include ideas for memorial planning and writing a legacy letter for family or friends.

Session #1 and Session # 2 were devoted to considerations for choosing your health care agents (medical power of attorney). In Session #3 we discussed adding a Dementia Addendum to your advanced directives.

**Call the Coordinator to request a ride and so we know to expect you**

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**HAPPY PRIDE MONTH!**



## Potluck Supper "This is your Life"

Thursday, June 20, 2024, 4:30-7:00 PM:  
at the **Cheverly Community Center**.

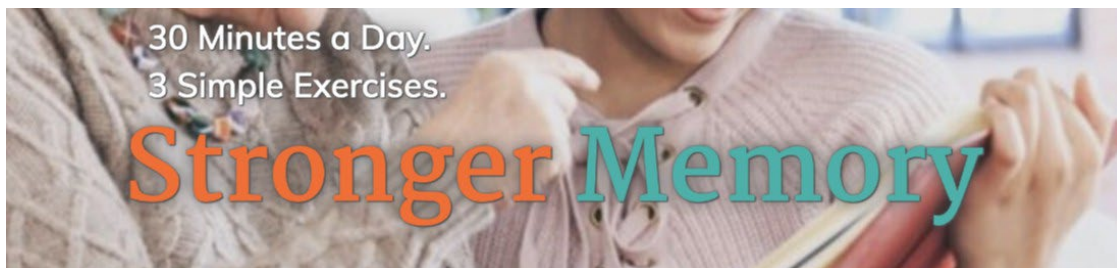
Bring a photo of your younger self for an amusing guessing contest! Enjoy good food and fellowship, and find out about the "File of Life," which will make life easier for your older self.

**Check the Cheverly Village Events Calendar to learn more and register for this fun event!**

## Stronger Memory Program

**Friday, September 6, 2024: The Stronger Memory Program begins.**

Would you like to learn how to facilitate these sessions? If so, let the Coordinator know and a short 3 hour training session will be arranged.



**Any Time, Springtime through Summer**

**Cheverly Village Garden** needs the TLC of Village members. Let the Coordinator know if you would like to do this, and members of the garden team will work out a watering schedule.

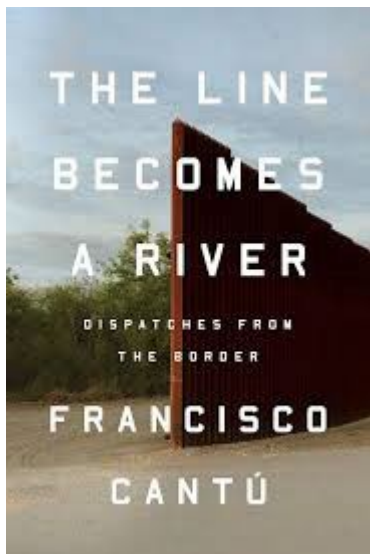
## Cheverly Village Activities

### Cheverly Village Book Club

**Wednesday, May 8, 2:00 to 4:00 PM:**

**Cheverly Village Book Club** will discuss *Memory* by **Donald Westlake**. A traumatic head injury leaves a man struggling to recall his identity.

Book club meets via Zoom. New members are always welcome.



**Wednesday, June 12, 2:00 to 4:00 PM:**

The June book selection is *The Line Becomes a River* by Francisco Cantú.

**Please call the Coordinator to register for the May and June Book Club Meetings.**



**Saturday, May 11, 11:30 to 12:30 PM: Let's work on fitness at Cheverly's Boyd Park!**

Gently challenge your stamina and your balance on a paved path through the woods (one time around is a quarter mile.)

**Call the Coordinator to register so we know to expect you!**



**Thursday, May 16, 2024, 12:00  
Noon-1:30PM: Pontoon Ride  
at Bladensburg Waterfront  
Park.**

**The Pontoon is wheelchair  
accessible.**

A minimum of 6 to 10 passengers  
is required for boat to launch. Sign  
up and bring a friend; the pontoon  
holds 25 persons. The cost is  
\$2.00 for Prince George's County  
residents and \$3.00 for non-county  
residents.

*Call the Coordinator to  
Register.*

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### **Tech Time at the Cheverly Community Center**

Got a technical conundrum?  
**Sunday, May 19, 3:00 to  
5:00 PM: Tech Time** will  
meet in the Conference Room at  
Cheverly Community Center.  
Bring your devices and your  
perplexing questions. Cheverly  
Village tech volunteers will be  
there to help. Please register so  
we know to expect you.



**Cheverly Village Bingo** players meet via  
Zoom. Players joining the game for the first  
time, please contact the Coordinator to  
request Bingo cards. We play for fun, not  
prizes, and enjoy each other's company.

**Wednesday, May 22, 2:00 to 4:00 PM**  
**Wednesday, June 26, 2024, 2:00-4:00 PM**

Let us know you want to join our Group by registering on the  
Events page.

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## Scrabble and Games and Rummikub

**Wednesday, June 5, 2024, 3:30 to 5:30 PM:** **Cheverly Village Board Games and Card Games** meet in the gym at the Cheverly Community Center. We welcome more players and new games. Rummikub has become a new favorite.

**Wednesday, June 5, 2024, 4:00-6:00 PM:** **Scrabble players** meet in the Conference Room at the Cheverly Community Center. More Scrabble players are welcome!

[Sign up on the Events Page or by calling the Coordinator.](#)

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## Community Events—Cheverly and Beyond



### **The Cheverly Market is back!**

The Cheverly Community Market is open every other Saturday from May through September from 8am until noon.

**Please visit the Cheverly Village tent this Saturday May 4!**  
**Interested in volunteering to sit a shift at our table? Keep a lookout for emailed invitations ahead of future markets!**

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**ALZHEIMER'S ASSOCIATION®**

## PLANNING WITH PRIDE

Alzheimer's, Dementia and Advocacy in the LGBTQ+ Community

Thursday, May 9 | 4-5 p.m.

PLEASE JOIN US FOR A SPECIAL **VIRTUAL** PROGRAM ON DEMENTIA IN THE LGBTQ+ COMMUNITY: QUESTIONS AND STRATEGIES TO CONSIDER.

### June is Pride Month!

Join the Alzheimer's Association on **Thursday, May 9 from 4-5pm** for a Virtual Program exploring Alzheimer's, dementia and memory loss in this community-focused listening session. They will review the basics of these conditions and discuss how local programs and services can help.

You will need to register on the Alzheimer's Association website to receive the Zoom link for this presentation. You can find this information on the Cheverly Village Events Page.

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#### Tips for Caregivers and Families for Managing Finances

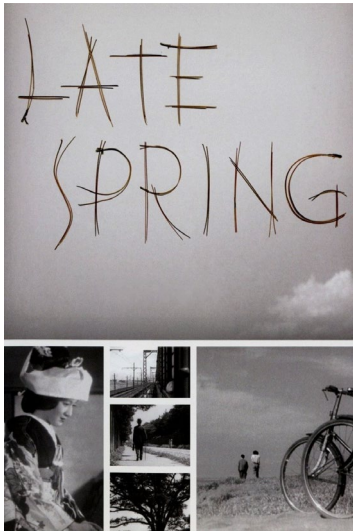
**Thursday, May 9, 2024, 2-3:** This Zoom presentation, sponsored by Prince George's Senior Provider Network, will provide insights on budgeting, accessing resources, and planning for the future. Jennifer Tilghman, a Real Estate Agent with Keller Williams Preferred Properties who has a focus on the Baby Boomers, Caregivers, and seniors, will lead the presentation.

Find more details on [Cheverly Village Events](#).

Register for the Zoom link here:

<https://tinyurl.com/managingfinances0509>

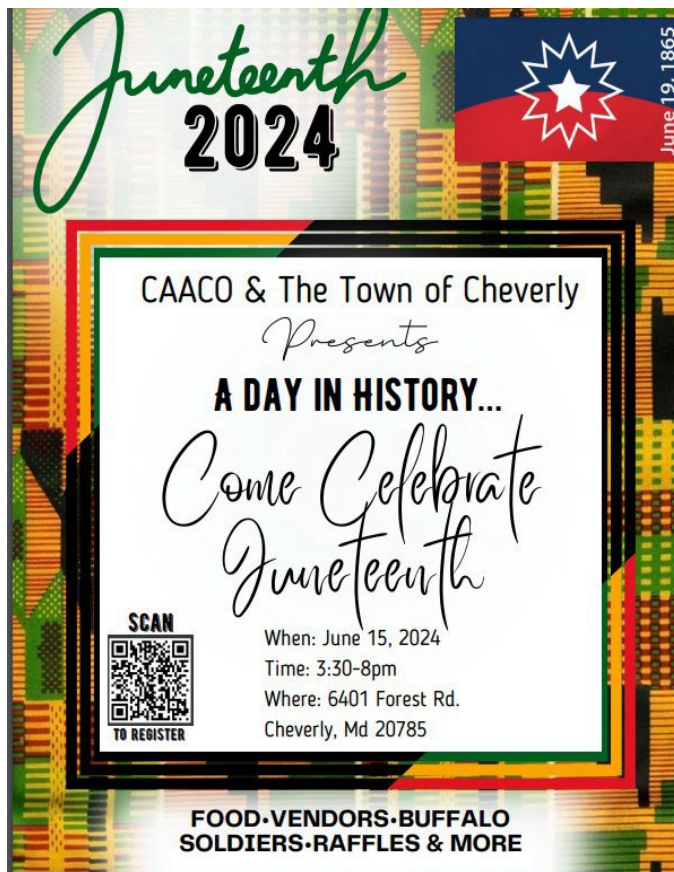
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**Friday, May 10, 2024, 7:30 to 9:30 PM:**

**Movies@Hope** brings *Late Spring*, the 1949 masterpiece of director Yasujiro Ozu voted among the greatest films of all time by the British Film Institute. In post-World War II Japan, a widowed father and his adult daughter struggle to live out their obligations to each other.

**Hope Lutheran Church  
4201 Guilford Dr.  
College Park MD 20740**



**Saturday, June 15,  
2024, 3:30-8:00 PM**

6401 Forest Road  
Cheverly, MD

**Check out A Day in  
History...A Juneteenth  
Celebration** hosted by  
Cheverly's Civic African  
American Community  
Organization!

**As always, please check out the Cheverly Village's Event List  
for interesting events being posted by other Villages or  
other community groups.**